

# *1<sup>st</sup> and 2<sup>nd</sup> GRADE Nassau Suffolk YLL Boys PLAYING RULES 2-22-24*

**Balls Must be NOCSAE Approved**

## **1<sup>st</sup> and 2<sup>nd</sup> Grade Division (NO CONTACT DIVISION) Age Limits**

1. Age Limits:
  - a. The Division will consist of 1<sup>st</sup> and 2<sup>nd</sup> graders (the director of the participating community may include exceptional Kindergartners on a 1<sup>st</sup> grade team)
  - b. Players will be 6 & 7 years old. (K must be at least 5 years old)
  - c. In no case may a kindergartener play alongside nor against a 2<sup>nd</sup> grader. For Kindergartners to be on a team it must be a first grade only team and not a combo 1<sup>st</sup> & 2<sup>nd</sup> grade team. In no case may a preschooler or 3<sup>rd</sup> grader or older child, participate in this division.
  - d. This is a non-contact and instructional/developmental Division.
2. Any situations requiring Board Review will be handled and any approvals or denials will be provided in writing.

## **Purpose:**

The purpose of the division is to put the participants in **“game like”** situations. For many kids this will be their first time on a lacrosse field, and our goal is to positively expose them to the sport and help them learn the basics.

## **General Rules:**

- Officials will be provided by our assigners.
- If there are two Junior Officials each Official will be paid \$40.00 per game.
- If there is a Senior Certified Official, they will be paid \$80 (\$40 per team).
- The Referee is the arbiter of the game and coaches **MUST** follow the referee’s direction (even if incorrect). Any action by a coach that undercuts or compromises the official will result in a minimum 1 game suspension. If there is poor officiating, please contact Eric Geringswald to discuss the specifics.
- All Coaches and Directors must always have and display photo ID on the field.

## **Field Size and Game Time:**

- Game time will be four 12-minute running time quarters.
- The field will be reduced in size. A field of 90 yards long by 45 yards wide will be ideal.

## **Number of Players:**

- Teams will play 8 vs.8 to allow for maximum participation by those on the field.
- There will be two attackmen, three midfielders, two defensemen and a goalie
- Because this is a developmental program some towns may have larger rosters and want to play 10 vs.10. If both coaches agree to play 10 vs.10 the game can be played 10 vs.10.
- Both towns must agree on a 10 vs.10 matchup, and if one town does not agree the game will be played 8vs.8.
- The referees will not be put in the position of determining the number of players on the field and must abide by the decision of both coaches and these rules.

### **Game Day Rules:**

- Stick length 35-42 inches – NO LONG STICKS
- Maximum of two (2) coaches on field per team who must remain outside of both boxes. One stays on the offensive half of the field and one stays on the defensive half of the field towards the middle or sides of the field.
- After a goal a team losing by 6 goals will start with the ball at the midfield line. There will be no faceoff.
- **Any Body Check** is a penalty and full time must be served.
- All One arm checks are slashes and will result in a penalty.
- **ALL OTHER P.A.L. AND N.Y. STATE MODIFIED RULES APPLY P.A.L.**

### **Assessment of Penalties:**

- All penalties will be assessed by giving the offended team a fast break.
- The player who commits a foul must sit out for the full amount of time allocated with the penalty even if a goal is scored.
- The team that commits a foul can add a player for the penalty fast break but the player that committed the foul must serve the full time.
- Multiple fouls by the same team will result in multiple fast break attempts. The fast break will be deemed over if a goal is scored, when the ball comes to rest, is possessed by the defense, the ball goes out of bounds or there is no longer an advantage by the offensive team
- In the case of offsetting fouls **players committing the fouls will be required to leave the field of play and can be replaced by another player.**

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