



04/07/21

GIRLS LACROSSE – NUMBER OF PLAYERS PER TEAM

1. Grades 1 & 2: teams are 7v7 field players only (no goalie). If teams choose to add an optional goalie, then the teams are 8v8.
2. Grades 3 through 8: teams are 12v12 (11 field players + goalie = 12). Suggested is 4 attack, 3 middies, 4 defense plus goalie. The attack/defense does have the option to line up in a 6-2 or 5-3 format.