



02/24/26

## **GIRLS LACROSSE – NUMBER OF PLAYERS PER TEAM**

1. Grades 1 & 2: teams are 7v7 field players, goalies are optional. If both teams agree you can add players on the field.
2. Grades 3 through 8: teams are 12v12 (11 field players + goalie = 12). Suggested is 4 attack, 3 middies, 4 defense plus goalie.